



# Anangu Pitjantjatjara Yankunytjatjara Bulletin November 2006

## Topic: Bush Food Plots—Mimili & Amata Mimili Bush Food Plot

**Purpose of this publication:** State & Commonwealth governments, Community Councils, local businesses and service providers with information on current South Australian Government initiatives.

**Government Partnership:** Reedy Creek Nursery, Mimili Community, Regional TAFESA & CDEP.

Mike and Gayle Quarmby of Reedy Creek Nursery were contracted by Department of the Premier and Cabinet to work with Mimili community to establish a bush food plot. The plot was established in late 2004. The community has been harvesting crops since April 2005. Food produced in Mimili is available to the community, with excess sold back to Reedy Creek for production of commercial relishes and sauces under the Outback Pride label.

The tree guards indicate re planted



**Kampurarpa (desert raisins) are high in Vitamin C**



### Training & Health Outcomes

Some participants in this project have enrolled with APY Lands TAFE and are undertaking units from the Certificate 1 in Conservation and Land Management. Subjects include: weeding, OHSW, plant recognition, pests/diseases and irrigation.

The health outcomes resulting from consistent access to fresh nutritious produce are as important as the structured training experiences. Mimili has had an excellent record in the production of Kampurarpa (desert raisins). This fruit provides excellent nourishment and is considered one of the most important of all Central Australian native plant foods. It is one of the key commercially significant bushfood species. Kampurarpa is high in Vitamin C and is very appealing to children.

The Premier, Hon Mike Rann visited the Mimili Bush Foods plot on Saturday 21st October 2006. The following weekend Minister Jay Weatherill - Minister for Aboriginal Affairs & Reconciliation, had a tour through the Mimili Bush Foods plot.

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# Amata Bush Foods Plot

In 2005 the Amata community decided to join the Outback Pride project network and build a bush food garden in the centre of town. The bush food plot is young and the plants are still establishing. The purpose of the garden has been to provide a ready supply of fresh bush foods for community consumption, with any surplus being sold into the Outback Pride supply chain.

During a recent visit to the APY Lands, Minister Paul Caica MP—Minister for Employment Training & Further Employment visited the Amata Bush Foods Plot.

Community health, training and positive activity have been the strengths of the Amata Bush Foods Plot. The bushfoods grown in Amata are; Desert Raisins (Kampurarpa), Passion Berries (Wiriny Wirinyapa), Marsdenia (Kalkula), Desert Yams, Native Orange (Umpultjjai) and Rock Fig (Illi). The Quarmby's have been working with school children to establish a vegetable garden (pictured below top right).

Re-growth of the Kampurarpa (desert raisins)



The school children's vegetable garden



Kurgula plants climbing the new trellis



Mangata (Quandong) seedlings



Kampurarpa (desert raisins)

